






# MILLVILLE PUBLIC SCHOOLS SENIOR HIGH, LUNCH MENU May 2015



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include skim milk, 1% white and skim chocolate. School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Fresh Fruit Available Daily</b> 	Millville Public Schools offers <i>Myschoolbucks.com</i> an online payment and cafeteria information source.	 <b>All Breads/Grains Served Are Whole Grain or Whole Grain Rich</b>	 Choose <b>MyPlate.gov</b>	Pizzeria Style Pizza (1) French Fries Carrots Tossed Romaine Salad Chilled Fruit
Toasted Cheese Sandwich or Mozzarella Sticks W/Dipping Sauce Tomato Soup Green Beans 100% Fruit Juice (4)	Nacho Bar Lettuce/Tomato/Cheese Sour Cream/Salsa Whole Grain Rice Corn & Chilled Fruit (5)	Pasta w/ Meatballs or Meatball Hoagie Seasoned Chopped Spinach French Fries Chilled Fruit (6)	Salad Bar Lunch Baby Spinach and Romaine Lettuce Seasoned Chicken or Breaded Chicken Choose your Vegetable Toppings Chilled Fruit (7)	Pizzeria Style Pizza French Fries Carrots Three Bean Salad Chilled Fruit (8)
Chicken Cheese Steak Bar Hot Sauce/BBQ Sauce Sautéed Onion/Peppers/Mushrooms Lettuce and Tomato French Fries (11)	Hot Dog on a Bun Macaroni and Cheese Savory Baked Beans French Fries Or Buffalo Wraps BBQ & Plain/Hot Sauce & Spicy (12)	Chicken Fajita's Peppers, Onions, Salsa, Cheddar Cheese/Sour Cream Whole Grain Fiesta Rice Corn Chilled Fruit (13)	Cheeseburger or Hamburger Or Chicken Tenders Lettuce and Tomato French Fries Seasoned Green Beans (14)	Pizzeria Style Pizza French Fries Spinach or Tossed Romaine Salad Garbanzo Bean Salad Chilled Fruit (15)
Chicken Dipper Day Chicken Tenders or Spicy Tenders With WG Roll & Dipping Sauce Or Buffalo Wraps BBQ & Plain/Hot Sauce & Spicy Seasoned Spinach & French Fries (18)	Chicken Patty on a Bun Hot & Spicy or Regular Lettuce and Tomato Carrots French Fries (19)	Nacho Bar Lettuce/Tomato/Cheese Sour Cream/Salsa Whole Grain Rice Corn & Chilled Fruit (20)	Pizzeria Style Pizza French Fries Spinach or Tossed Romaine Salad Garbanzo Bean Salad Chilled Fruit (21)	Olympic Day Turkey & Cheese Subs Or Ham & Cheese Subs Sweet Peas & French Fries Or Popcorn Chicken & Roll Chilled Fruit (22)
Memorial Day School Closed (25)	Chicken Cheese Steak Bar Hot Sauce/BBQ Sauce/Seasoned Fried Onions/Peppers/Mushrooms Lettuce and Tomato French Fries (26)	Chicken Fajita's Peppers, Onions, Salsa, Cheddar Cheese/Sour Cream Whole Grain Fiesta Rice Corn Chilled Fruit (27)	"Chicken Bowl" Popcorn Chicken Over Mashed Potatoes/Gravy Cheddar Cheese Corn 100% Fruit Juice (28)	Pizzeria Style Pizza French Fries Spinach or Tossed Romaine Salad Garbanzo Bean Salad Chilled Fruit (29)

ALTERNATE ENTRÉE: CHICKEN TENDERS, ASSORTED SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES  
 TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A WG PRETZEL BUN, PIZZA, CHICKEN PATTIES on a WG BUN, BUFFALO CHICKEN WRAPS.  
 LUNCH PRICE \$3.00, \$.40 Reduced\*, Free\*(\*If Qualified) ---USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.